

NORTH FLORIDA TRAVEL SURVEY



Baker, Clay, Duval, Nassau, Putnam, and St. Johns Counties

TRAVEL LOG INSTRUCTIONS

Secure study website: NorthFloridaTravelSurvey.com

Email: help@NorthFloridaTravelSurvey.com Call toll-free: 1-800-895-2690

Lo invitamos a compartir sus experiencias de traslado en su region. Para participar, llame sin costo: 1-800-895-2690

WHAT TO DO: On your assigned travel day, each member of your household should take this Travel Log with them and note each trip made and the activities at each place traveled to during the day. Parents should log trips for their children.

WHAT IS A TRIP?

- Anytime you travel for 100 feet or longer AND stop at a new location to conduct one or more activities at the location, that equals one trip.
- Please include all trips, even short stops when you stop briefly for gas, at an ATM, or to drop a child off at school.
- Your travel day begins at 3 a.m. on your assigned travel date and ends 24 hours later. For many people, your first trip is when you leave home in the morning.
- Please report two trips if you go out but don't make a stop (e.g. walking the dog or going for a bike ride). The place farthest from where you began (such as where you turned around on your walk) is your "destination."
- Please report two trips if you park your car two or more blocks away from your destination. The first trip is from your origin to the parking place (now a new destination), and the second trip is from the parking place to your destination.
- Travel within a building is not considered a trip.

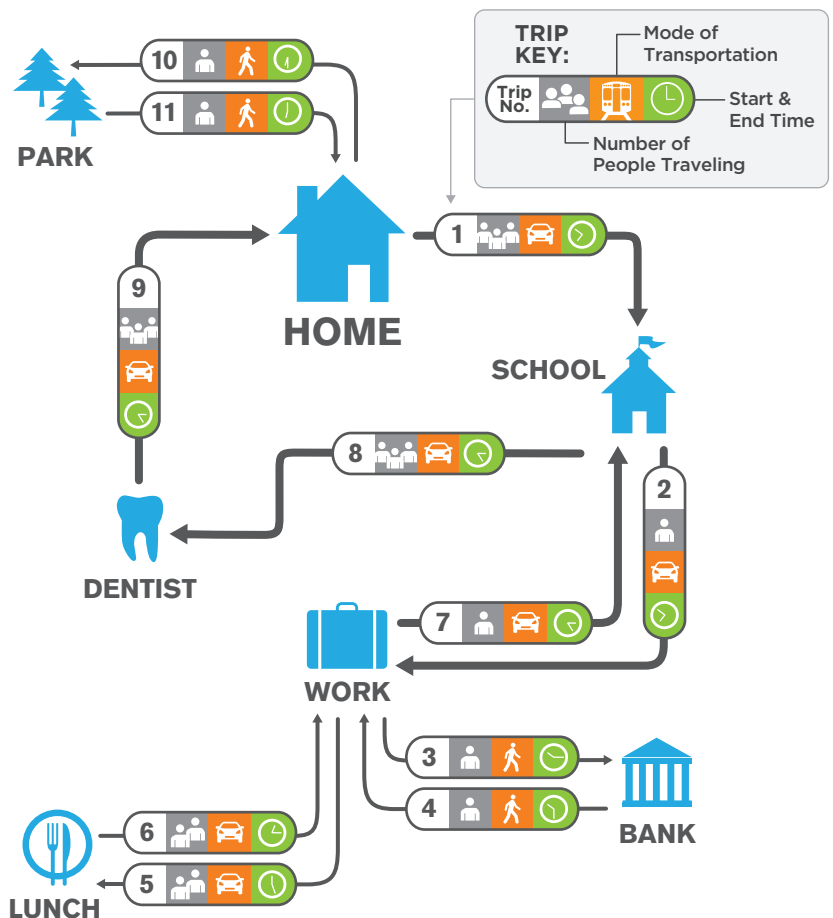
NEXT STEP: After your travel day, have your password ready (shown on invitation letter) and call us or go to the secure survey website to log your trips and activities. Adults may need to log trips and activities for children in the household. Please respond within one week of your assigned travel date.

EXAMPLE TRAVEL DAY



Example Travel Day Trips

- Trip 1:** Drop off kids at Lake Hills Elementary School
- Trip 2:** Drive to work
- Trip 3:** Walk across street to Chase Bank
- Trip 4:** Walk back to work
- Trip 5:** Carpool with coworker to Panera Bread
- Trip 6:** Carpool with coworker back to work
- Trip 7:** Pick up kids at Lake Hills Elementary School
- Trip 8:** Go with kids to dentist
- Trip 9:** Drive with kids to home
- Trip 10:** Walk dog to park
- Trip 11:** Walk home from park



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Name Travel Date Password

	When did you start your trip?	How did you travel?	Traveled with?	Address, Intersection, or Business Name	When did you get there?	What main activity did you do there? <i>Enter code # from below</i>
<i>Example</i>	<i>7:05AM</i>	<i>Car</i>	<i>Grace, Sophie</i>	<i>Lakeside Elementary School, Orange Park</i>	<i>7:15AM</i>	<i>11</i>
<i>Example</i>	<i>7:20AM</i>	<i>Car</i>		<i>501 W Adams St., Jacksonville</i>	<i>7:45AM</i>	<i>2</i>
<i>Example</i>	<i>12:15PM</i>	<i>Walked</i>	<i>Mark</i>	<i>The Brick Coffee House</i>	<i>12:30PM</i>	<i>9</i>
<i>Example</i>	<i>1:25PM</i>	<i>Walked</i>	<i>Mark</i>	<i>501 W Adams St., Jacksonville</i>	<i>1:40PM</i>	<i>2</i>
Trip 1						
Trip 2						
Trip 3						
Trip 4						
Trip 5						
Trip 6						
Trip 7						
Trip 8						
Trip 9						
Trip 10						
Trip 11						
Trip 12						

ACTIVITY CODES

- 1 - At home activity** (NOT including work-for-pay or school at home)
- 2 - Working** (for pay) at work or home
- 3 - Work-related: delivering goods or services**
- 4 - Other work-related activity** (e.g., meeting, visit, sales call, etc.)
- 5 - Attend school/class**
- 6 - Other school-related activity**
- 7 - Routine shopping** (e.g., grocery, get gas, clothing, convenience store, household maintenance, etc.)

- 8 - Shopping for major purchase /specialty item** (e.g., appliances, electronics, new vehicle, major household repairs, etc.)
- 9 - Dining out/take out/coffee** (e.g., eat at restaurant, get take-out/fast-food)
- 10 - Pick someone up**
- 11 - Drop someone off**
- 12 - Change type of transportation/transfer** (e.g., take bus, take airplane, park a car or pick up a parked care if walk 2+ blocks, etc.)
- 13 - Household errands** (e.g., bank/ATM, post office, dry cleaning, car services, etc.)

- 14 - Personal business** (e.g., visit government office, attorney, accountant, etc.)
- 15 - Medical visit** (e.g., doctor, dentist, etc.)
- 16 - Recreation/entertainment** (e.g., walk the dog, exercise/workout, go to a movie)
- 17 - Social** (e.g., visit friends/relatives)
- 18 - Religious, civic, or volunteer**
- 19 - Other (not at home) activity, specify:**



This Travel Log is for your use only and does not need to be submitted. Please refer to it when completing the follow-up survey online or by phone.